



## Welcome To My Monthly Newsletter

**February 2023**

## **For The Blues**



There is something so mesmerizing about this Western Bluebird's colored feathers.

The color blue has so many meanings, so much significance in our lives. From “true blue” loyalty, to “out of the blue” unexpected happenings, to someone “talking up a blue streak”, the color blue always seems to fit. At this time of the year many people experience what’s known as the “winter blues”. Ways to combat the winter blues include going on walks outside or keeping a nature journal. Nature’s blues can certainly combat the winter blues! When there are blue skies ahead or calming blue oceans, blue transforms into such an optimistic and soothing color.

Nature also enchants with delightful blue birds that have long been considered a symbol of hope and love. Seeing a blue bird is said to mean

“prioritize happiness”! Whenever I see a blue bird - if I have a camera in hand - I lose all sense of time as I snap away.

I hope you enjoy these pictures of a few of the dazzling blue birds from California’s Tehachapi mountains.



This charming California Scrub-Jay reminds us of nature's bounty.



The Tehachapi mountains are home to an abundance of wildlife with many birds as colorful as this bright blue winter sky.



It's no wonder that Western Bluebirds have long represented happiness and joy.

Internet sources:

[www.barebonesliving.com/blogs/connection-culture/5-ways-to-curb-the-winter-blues-with-nature](http://www.barebonesliving.com/blogs/connection-culture/5-ways-to-curb-the-winter-blues-with-nature)

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[www.merriam-webster.com/dictionary/blue](http://www.merriam-webster.com/dictionary/blue)

[www.sonomabirding.com/bluebird-symbolism/](http://www.sonomabirding.com/bluebird-symbolism/)

[www.spirit-animals.com/bluebird-symbolism/](http://www.spirit-animals.com/bluebird-symbolism/)

## For the beauty of blue...



When I was a child, I was allowed to select a color carpet for my room, and I picked the brightest red shag carpet that there was. I loved red. Anything red. Once I had lived with this bright red carpet for a few years, I was done with red. My favorite color switched to blue and it has been blue ever since. Anything blue...

[Read the whole story](#)

Stay Inspired!  
Wendy

**Wendy Mills Nature Photography**

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