



## Welcome To My Monthly Newsletter

March 2023

### Suddenly it's Spring!



Seeing this young white-crowned sparrow is a sure sign of spring!

Spring is here and with it comes a season of many possibilities and new adventures!

This month I am happy to share with you exciting news. My favorite artist, Ona Christie Martin, has chosen to use photos I had taken of the horses at the United Pegasus Foundation as the reference photos for her beautiful new painting titled "Breaking Free". Ona is donating a portion of her proceeds for the month of April (and 100% of net proceeds from her Breaking Free prints!) to raise funds for the United Pegasus Foundation. If you have interest in seeing Ona's new stunning painting click here for the [Original painting](#) or here for [Prints](#).

The United Pegasus Foundation currently cares for over 120 horses, primarily ex-racehorses as well as other breeds, and most are elder or have had serious injuries in the past. To learn more about this special nonprofit organization please go to <https://www.unitedpegasus.org/> . I also featured the United Pegasus Foundation in my December 2022 [blog](#).



I am sure this sweet sparrow is enjoying the warmer days.

“The first sparrow of spring! The year beginning with younger hope than ever!”

-Henry David Thoreau (from Walden, 2000 edition, p.331)

After a long winter of rain and snow here in the California mountains, suddenly it's spring! The sun is peeking back out and the flowers are blooming like crazy...

[Read the whole story](#)

Stay Inspired!  
Wendy

**Wendy Mills Nature Photography**

<https://www.aflashoftheirsoul.com>

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